

1. (Currently amended) A hormonal regimen comprising daily sequential dosages wherein at least one of the daily dosages comprises at least 0.5 mg of norgestimate and an estrogen component in the range of 20-35 mcg Ethinyl Estradiol (EE) equivalent.

2. (Currently amended) The regimen of claim 1 wherein said at least one daily dosage has 0.5 - 0.8 mg of norgestimate in the range of 0.5 - 0.8 mg.

3. (Currently amended) The regimen of claim 1 wherein said at least one daily dosage has at least 0.8 mg of norgestimate.

4. (Currently amended) The regimen of claim 3 wherein the said at least one daily dosage has 0.8 - 1.2 mg of norgestimate in the range of 0.8 - 1.2 mg.

5. (Currently amended) The regimen of claim 2 wherein said at least one daily dosage has at least 1.0 mg of norgestimate.

6. (Currently amended) The regimen of claim 5 wherein the said at least one daily dosage has 1.0 – 2.0 mg of norgestimate in the range of 1.0 – 1.8 mg.

7. (Currently amended) The regimen of claim 1 wherein said at least one daily dosage has at least 1.2 mg of norgestimate.

8. (Currently amended) The regimen of claim 1 wherein said at least one daily dosage has at least 1.8 mg of norgestimate.

9. (Currently amended) The regimen of claim 1 wherein said at least one daily dosage has at least 2.5 mg of norgestimate.

10. (Currently amended) The regimen of claim 2 wherein said at least one daily dosage of said norgestimate is has 0.5 mg of norgestimate.

11. (Currently amended) The regimen of claim 4 wherein said at least one daily dosage of said norgestimate is has 0.8 mg of norgestimate.

12. (Currently amended) The regimen of claim 1 wherein said estrogen component of said at least one daily dosage does not exceed 25 mcg ethinyl estradiol equivalent.

13. (Currently amended) The regimen of claim 1 wherein said estrogen component of said at least one daily dosage is ethinyl estradiol.

14. (Currently amended) The regimen of claim 1 wherein said estrogen component of said at least one daily dosage is 20 mcg ethinyl estradiol.

15. (Currently amended) The regimen of claim 1 wherein said regimen is multi-phasic, with one phase having said [[a]] daily dosage of norgestimate of at least 0.5 mg and another phase having daily dosage of norgestimate of less than 0.25 mg.

16. (Currently amended) The regimen of claim 1 wherein said regimen is multi-phasic, with one phase having a daily dosage of norgestimate of at least 0.8 mg and another phase having daily dosage of norgestimate less than 0.25 of 0.2-0.3 mg.

17. (Currently amended) The regimen of claim 1 wherein said regimen consists of [[a 21-]] 28 daily dosages for a cycle, and wherein the total norgestimate in said cycle is at least 8 mg.

18. (Previously presented) The regimen of claim 17 wherein said total norgestimate in said cycle is at least 12 mg.

19. (Previously presented) The regimen of claim 18 wherein said total norgestimate in said cycle is at least 20 mg.

20. (New) The regimen of claim 15 wherein another phase has and a daily dosage of norgestimate of 0.18-0.25 mg.

21. (New) The regimen of claim 15 wherein said regimen has another phase with a daily dosage of norgestimate of 0.18 mg.